

DISCLOSURE EXAMPLES

Explain your AI use

Describe what the tool did, what you did, and how you checked the work. Follow the format and level of detail required by your instructor.

Use these examples honestly

Each example assumes the specific assistance was permitted. Replace bracketed details and use a statement only if it accurately describes your process. Disclosure does not authorize prohibited use or replace a required citation.

What a useful explanation includes

- The tool and relevant date or version, when required.
- The specific task or portion of the work AI supported.
- What you retained, changed, or rejected.
- How you checked relevant output and what reasoning or work remained yours.

Brainstorming after your own research

Example

“After reading the assigned sources and drafting my own outline, I used [tool] on [date] to suggest counterarguments to investigate. I researched two suggestions in original sources and rejected one that I could not support. I chose the argument and wrote the submission myself.”

Why it helps: it identifies the independent starting point, the bounded assistance, and what happened to the suggestions. Add the specific sources or prompt excerpts if the assignment requires them.

Feedback on a draft

Example

“I used [tool] on [date] to identify unclear reasoning in my draft’s recommendation section. I asked it not to rewrite the text. I checked its comments against my source notes, removed an unsupported claim, and rewrote the section myself. No generated replacement prose was used.”

Why it helps: it distinguishes critique from text generation and names the section affected. Do not use the last sentence if you retained generated wording.

If the assignment requires a record

Use your process log to supply details rather than reconstructing them from memory. Keep only the evidence your course needs; do not include other people’s private information in a disclosure.

Coding assistance

Example

"I used [tool] on [date] to help diagnose an error in [function or file]. It suggested [specific change]. I inspected and adapted that suggestion, tested [named cases], and checked the behavior against [assignment specification or documentation]. I wrote [specific parts] independently and can explain the final code."

Name any generated code you retained; do not imply that all code was independently written. Passing a test is useful evidence, but it does not replace understanding the code or meeting the assignment's AI rules.

Language support

Example

"After writing my draft, I used [tool] on [date] to suggest grammar corrections in [section]. I reviewed each suggestion, rejected changes that altered my meaning, and retained [describe the corrections]. The argument and examples are mine."

If the tool translated or substantially rewrote text, describe that assistance directly. Grammar correction, translation, and rewriting are different uses and may have different permission requirements.

Study practice

Example

"I used [tool] on [date] to generate practice questions from my own notes. I answered before viewing feedback and checked disputed explanations against the assigned material. I then completed [the submitted task] under its stated rules."

This describes preparation, not assistance during an assessment. Include it when your course requires disclosure of study use; do not imply that practice permission applies to a quiz or exam.

Build your own explanation

"I used [tool and date] to [specific support] in [part of the work]. I retained or changed [details] and checked them by [method]. I independently completed [work or decisions]."

If you did not use AI, state that only when true and when a declaration is requested. Ask your instructor where the disclosure belongs and whether a formal citation, prompt record, or other evidence is also needed.